

BUSINESS PROFILE

QII HOUSE

OTWAYS ECO RETREAT OFFERING A WELLNESS EXPERIENCE

Please give us a brief history of Qii House?

As a child and in married life I was driven, always finding good inspired energy and calm within the natural world, as a place to self-reflect, re-boot and to contemplate life. I was introduced to Qii House in 2007 and was immediately captivated by its serene, pristine environment, fresh misty mountain air and rainforest canopy. Set high in marshmallow clouds was this quirky architectural jewel with its fishbowl windows. I immediately saw its vision as a place for renewal and relaxation. I began restorative work in March 2015 and launched the business on Christmas Day 2016. It became known as Qii House Eco Meditation and Relaxation Retreat.

Can you please tell us about the history of the house.

This hidden gem was of high local historical significance for its architectural prowess and contemporary Brutalist design. It was built in 1977 by renowned architect Edgard Pirrotta and builder Warwick Yates. It has been built according to feng shui principles.

What can guests expect?

The offering of Qii House is for a simple vision. The promotion of mindfulness and wellbeing is effected by engaging the natural environment, and in restoring energy balance and in healing. Time spent in nature meditation in simple luxury. To engage all the senses, to draw breath and

to harvest the natural energy and nature's wisdom within the Great Otway Forest Park. It's about getting back to basics, blocking noise and shifting focus to the art of living in harmony with nature's rhythm. Qii House offers a perfect space to inspire a weary spirit and to digitally detox. By changing the inner attitudes of their minds, guests can expect to change the outer aspects of their lives towards a balanced healing lifestyle.

What makes Qii House special?

Qii House is a travel destination giving a transformational wellness experience. Forest Therapy was endorsed as a research based therapeutic modality in Japan by the World Economic Health Forum in 1984. Some health benefits associated with being around trees include lower blood pressure, boosted immunity, and lower incidence of heart disease as well as being good for mental and spiritual wellbeing. I find it also aids sharper focus, greater creative drive and supports meditation. The natural environment gives great restorative energy.

Can you please tell us about the facilities at Qii House?

Qii House sleeps eight. Living is open and embraces the outside world. Every room has cathedral ceilings, mindfully placed fishbowl windows that draw in the breathtaking views of towering treetops, tree ferns, sweeping gullies and distant

sunlit horizons. Double glazed sliding doors open every aspect of the house to extend to the many outdoor sit spots and elevated sunset deck. My favourite sit spot is the outdoor bamboo bathhouse.

Where is Qii House located?

Qii House sits peacefully on top of Erskine Falls in seclusion under a lush tree fern flooded landscape at an elevation of 550m above sea level. It is a wildlife mecca. The dwelling is in harmony with the natural world and its aging grey timber shell melds perfectly among the tall blue eucalypt tree lined backdrop of the Otway Forest Park. It is a mere 20 minute scenic drive to Lorne and the attractions of the Great Ocean Road.

Who should consider a stay at Qii House?

Apart from an adventurous spirit, those seeking respite from a frantic paced lifestyle, or a relaxed wedding, and out of office nature-based retreat for an off-grid entrepreneur. Mobile phones and wifi need to be left behind.

Any other information?

Qii House has been nominated for entry in the RACV Business Excellence Awards for tourism. Qii House will also host workshops and retreats for Forest Therapy and Nature based therapy. The next project will be to build an evidence-based Forest Therapy walking track on the property.



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